

Zeit	Bambini M/W	W U 14	W U16	W U18	W U20	Frauen + AK	M U14	M U16	M U18	M U20	Männer + AK
16:50	30m										
16:55	50m										
17:05		75m					75m				
17:20								300 Hürden			
17:25			300 Hürden			300 Hürden W50+55					300 Hürden M60+65
17:35				400 Hürden	400 Hürden	400 Hürden F-W45					
17:40								400 Hürden			400 Hürden M50-M55
17:45									400 Hürden		400 Hürden M-M45
18:00			100m	100m	100m	100m					
18:15								100m	100m	100m	100m
18:30		800m	800m	800m	800m	800m					
18:40							800m	800m	800m	800m	800m
18:50								80 Hürden			
18:55			80 Hürden			80 H W40-55					
19:00				100 Hürden							
19:05					100 Hürden	100 Hürden					
19:10									110 Hürden		
19:15										110 Hürden	
19:20											110 Hürden
19:30			4x100m	4x100m	4x100m	4x100m		4x100m	4x100m	4x100m	4x100m
19:40								200m	200m	200m	200m
19:55				200m	200m	200m					
20:10			300m					300m			
20:15								400m	400m	400m	400m
20:20				400m	400m	400m					
20:25				4x400m	4x400m	4x400m		4x400m	4x400m	4x400m	4x400m